

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Daily Puzzle (AR) 12:00 Fun Fitness (AR) 2:00 UNO (CH) 6:30 Films With Friends: Residents Choice (CH)	2 10:00 Daily Puzzle (AR) 12:00 Fun Fitness (AR) 2:30 Baking Lemon Bars (AR) 4:00 Bridge Club (CH) 6:30 Board Games (CS)	3 10:00 Daily Puzzle (AR) 12:00 Fun Fitness (AR) 2:30 Tissue Paper Painting (AR) 4:00 Fashion Nails (WG) 6:30 Puzzles and Pondering (CS)	4 10:00 Daily Puzzle (AR) 12:00 Fun Fitness (AR) 2:00 BINGO (AR) 4:00 Bridge Club (CH)	5 10:00 Daily Puzzle (AR) 12:00 Fun Fitness (AR) 3:00 <b>New Resident Welcome Social</b> 4:30 Fashion Nails (Frontier) 6:30 Films With Friends: Residents Choice (CH)	6 10:00 Daily Puzzle (AR) 12:00 Fun Fitness (AR) 2:30 Painting Club (AR) 4:30 Card Games (CH)	7 10:00 Daily Puzzle (AR) 12:00 Fun Fitness (AR) 2:00 BINGO (AR) 6:30 Puzzles and Pondering (CS)
8 10:00 Daily Puzzle (AR) 12:00 Fun Fitness (AR) 3:00 <b>Bridge Christian Church</b> (AL) 6:30 Films With Friends: Residents Choice (CH)	9 10:00 Daily Puzzle (AR) 12:00 Fun Fitness (AR) 2:30 Baking Peanut butter Cookies (AR) 4:00 Bridge Club (CH) 6:30 Board Games (CS)	10 10:00 Daily Puzzle (AR) 12:00 Fun Fitness (AR) 2:30 Scrabble (CH) 4:00 Fashion Nails (Coastal) 6:30 Puzzles and Pondering (CS)	11 10:00 Daily Puzzle (AR) 10:30 <b>Walmart Trip</b> (O) 12:00 Fun Fitness (AR) 2:00 BINGO (AR) 4:00 Bridge Club (CH)	12 10:00 Daily Puzzle (AR) 12:00 Fun Fitness (AR) 3:00 <b>Lighthouse Baptist Church</b> (DR) 4:30 Fashion Nails (Frontier) 6:30 Films With Friends: Residents Choice (CH)	13 10:00 Daily Puzzle (AR) 12:00 Fun Fitness (AR) 2:30 Book Club (CH) 3:00 Mobile Library (CH) 4:30 Card Games (CH)	14 10:00 Daily Puzzle (AR) 12:00 Fun Fitness (AR) 2:00 BINGO (AR) 6:30 Puzzles and Pondering (CS)
15 10:00 Daily Puzzle (AR) 12:00 Fun Fitness (AR) 2:00 UNO (CH) 6:30 Films With Friends: Residents Choice (CH)	16 10:00 Daily Puzzle (AR) 11:00 <b>Resident Council</b> 12:00 Fun Fitness (AR) 2:30 Cinnamon Sugar Pretzels (AR) 4:00 Bridge Club (CH) 6:30 Board Games (CS)	17 10:00 Daily Puzzle (AR) 12:00 Fun Fitness (AR) 3:00 <b>Karaoke Party</b> (CH) 4:00 Fashion Nails (WG) 6:30 Puzzles and Pondering (CS)	18 10:00 Daily Puzzle (AR) 12:00 Fun Fitness (AR) 2:00 BINGO (AR) 4:00 Bridge Club (CH)	19 10:00 Daily Puzzle (AR) 12:00 Fun Fitness (AR) 3:00 <b>Tinkling Springs Bible Study</b> (CH) 4:30 Fashion Nails (Frontier) 6:30 Films With Friends: Residents Choice (CH)	20 10:00 Daily Puzzle (AR) 12:00 Fun Fitness (AR) 3:00 Scrabble (CH) 4:30 Card Games (CH)	21 10:00 Daily Puzzle (AR) 12:00 Fun Fitness (AR) 2:00 BINGO (AR) 6:30 Puzzles and Pondering (CS)
22 10:00 Daily Puzzle (AR) 12:00 Fun Fitness (AR) 2:00 Trouble (CH) 6:30 Films With Friends: Residents Choice (CH)	23 10:00 Daily Puzzle (AR) 12:00 Fun Fitness (AR) 2:30 Baking Mini Cherry Pies(AR) 4:00 Bridge Club (CH) 6:30 Board Games (CS)	24 10:00 Daily Puzzle (AR) 12:00 Fun Fitness (AR) 2:30 Bubble Painting 4:00 Fashion Nails (Coastal) 6:30 Puzzles and Pondering (CS)	25 10:00 Daily Puzzle (AR) 11:30 <b>Lunch at Cracker Barrel</b> (O) 12:00 Fun Fitness (AR) 2:00 BINGO (AR) 4:00 Bridge Club (CH)	26 10:00 Daily Puzzle (AR) 12:00 Fun Fitness (AR) 3:00 <b>January Birthdays</b> 4:30 Fashion Nails (Frontier) 6:30 Films With Friends: Residents Choice (CH)	27 10:00 Daily Puzzle (AR) 12:00 Fun Fitness (AR) 3:00 Scrabble (CH) 4:30 Card Games (CH)	28 10:00 Daily Puzzle (AR) 12:00 Fun Fitness (AR) 2:00 BINGO (AR) 6:30 Puzzles and Pondering (CS)
29 10:00 Daily Puzzle (AR) 12:00 Fun Fitness (AR) 2:00 Scattergories (CH) 6:30 Films With Friends: Residents Choice (CH)	30 10:00 Daily Puzzle (AR) 12:00 Fun Fitness (AR) 2:30 Baking Rocky Road Fudge (AR) 4:00 Bridge Club (CH) 6:30 Board Games (CS)	31 10:00 Daily Puzzle (AR) 12:00 Fun Fitness (AR) 2:30 Printmaking Art 4:00 Fashion Nails (WG) 6:30 Puzzles and Pondering (CS)	<div style="text-align: center;"> <h1>January 2023</h1> <h1>Assisted Living</h1>  <p>REGENCY SENIOR LIVING</p> </div>			

**Location Key: AR– Activities Room, CH–Club House, D– Dining Room, IR– Individual Rooms, MT-Movie Theater, O-Outing FP– Front Porch. Underlined activities Indicate the activity is at least 1hr. all other activities are approximately 30 minutes. Any changes will be noted and/or applied to the posted activities calendar.**