

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

MAY 2021

INNOVATIONS ACTIVITIES CALENDAR

San Miguel de Cozumel Coast to Coast



REGENCY SENIOR LIVING

1

10:30 Chair Yoga
11:00 Décor & Design
1:00 Color Me Calm
3:00 Remember When
7:00 Nightcap Social

2

10:30 Fresh Fruit Social
11:30 Virtual Church
3:30 Simple Stretch
4:00 Café Connections
6:00 Sensory Meditations

3

10:00 Timeless Trivia
10:30 Gifts of Gratitude
11:00 Move with Music
3:00 Color Me Calm
6:00 Monday Musical

National Golf Day 4

10:00 Fashion Nails
11:00 Putt-Putt-Par
3:30 Gardening
6:00 Comedy Club
7:00 Nightcap Social

5

Cinco de Mayo 5

10:00 Remember When
10:30 Crafty Creations
11:00 Chair Yoga
3:30 Cinco de Mayo Fiesta
6:00 Virtual Tour: Cozumel

National Nurses Day 6

10:00 Coffee & Conversation
10:30 Noodle Ball
11:00 Fun Fit
3:30 Mexican Coke & Munch
7:00 Night Caps Social

Mother's Day Tea 7

10:00 Picture Bingo
10:30 Pet Therapy
11:00 Gentle Tai Chi
3:00 Mother's Day Tea (AL)
6:00 Classic Shows

8

10:30 Chair Yoga
11:00 Décor & Design
1:00 Color Me Calm
3:00 Remember When
7:00 Nightcap Social

9

Mother's Day 9

10:30 Fashion Nails
11:30 A Mother's Gift
3:30 Simple Stretch
4:00 Café Connections
6:00 Sensory Meditations

10

10:00 Timeless Trivia
10:30 Gifts of Gratitude
11:00 Move with Music
3:00 Color Me Calm
6:00 Monday Musical

11

10:00 Fashion Nails
11:00 Scenic Drive
3:00 Gardening
6:00 Comedy Club
7:00 Nightcap Social

12

10:00 Remember When
10:30 Crafty Creations
11:00 Chair Yoga
3:30 Walking Club
6:00 Virtual Snorkeling

13

10:00 Coffee & Conversation
10:30 Noodle Ball
11:00 Fun Fit
3:30 Candy Tour of Mexico
7:00 Night Caps Social

14

Chicken Dance Day 14

10:00 I Spy
10:30 Pet Therapy
11:00 Chicken Dance Class
3:00 Lori's Paleteria (AL)
6:00 Classic Shows

15

10:30 Chair Yoga
11:00 Décor & Design
1:00 Color Me Calm
3:00 Remember When
7:00 Nightcap Social

16

10:30 Fresh Fruit Social
11:30 Virtual Church
3:30 Simple Stretch
4:00 Café Connections
6:00 Sensory Meditations

17

10:00 Timeless Trivia
10:30 Gifts of Gratitude
11:00 Move with Music
3:00 Let's Make Tortilla's
6:00 Monday Musical

18

10:00 Fashion Nails
11:00 Stretch & Flex
3:00 Gardening
6:00 Comedy Club
7:00 Nightcap Social

19

10:00 Remember When
10:30 Piano Show with Chris
11:30 Chair Yoga
3:30 Walking Club
6:00 Virtual Vacay: Mexico

20

10:00 Coffee & Conversation
10:30 Noodle Ball
11:00 Fun Fit
3:30 Cozumel Cocktails & May Birthday's Party (AL)
7:00 Night Caps Social

21

10:00 Name that Tune
10:30 Pet Therapy
11:00 Gentle Tai Chi
3:00 Karaoke with Holly (AL)
6:00 Classic Shows

22

10:30 Chair Yoga
11:00 Décor & Design
1:00 Color Me Calm
3:00 Remember When
7:00 Nightcap Social

23

10:30 Parfaits & Positivity
11:30 Virtual Church
3:30 Simple Stretch
4:00 Café Connections
6:00 Sensory Meditations

24

10:00 Timeless Trivia
10:30 Gifts of Gratitude
11:30 Resident Council (AL)
3:30 Let's Make Salsa
6:00 Monday Musical

25

10:00 Fashion Nails
10:30 Tours at Orchard Creek
3:00 Gardening
6:00 Comedy Club
7:00 Nightcap Social

26

Senior Fitness Day 26

10:00 Remember When
10:30 Crafty Creations
11:00 Chair Yoga
3:30 Senior Fit Games (AL)
6:00 Sunset in Cozumel

27

Lunch in Cozumel 27

10:00 Coffee & Conversation
10:30 Noodle Ball
11:00 Fun Fit
12:00 Cozumel Cantina
3:30 Cozumel BINGO

28

10:00 Giant Scrabble
10:30 Pet Therapy
11:00 Gentle Tai Chi
3:00 Piano w/ Karen (AL)
6:00 Classic Shows

29

10:30 Chair Yoga
11:00 Décor & Design
1:00 Color Me Calm
3:00 Remember When
7:00 Nightcap Social

30

10:30 Fashion Nails
11:30 Virtual Church
3:30 Simple Stretch
4:00 Popsicle Party
6:00 Sensory Meditations

31

Memorial Day 31

10:00 Timeless Trivia
10:30 Gifts of Gratitude
11:00 Move with Music
12:00 Memorial Day Lunch
6:00 Monday Musical



All activities will be held in the dining room and living area unless otherwise posted.
Underlined activities Indicate the activity is at least 1hr, all other activities are approximately 30 minutes.
Due to COVID-19 masks, social distancing, and other health/safety precautions must be practiced to the best ability at all times.