

APRIL 2021 *Coast to Coast* PA TONG BEACH

ASSISTED LIVING ACTIVITIES CALENDAR

Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

Key: AR- Activities Room, CH-Club House, D- Dining Room, IR- Individual Rooms, MT-Movie Theater

Underlined activities Indicate the activity is at least 1hr, all other activities are approximately 45 minutes.

Due to COVID-19 masks, social distancing, and other health/safety precautions must be practiced at all times.



April Fools 1

10:00 Mind Masterclass (CH)
 12:00 Move with Music (AR)
 3:30 Create a Kite Pt1 (CH)
 4:30 Anna and the King (MT)
 7:00 Night Caps on Tap (CH)

Good Friday 2

10:00 Blessing Cross (CH)
 12:00 Gentle Tai Chi (AR)
 1:30 Pet Therapy (IR)
 2:30 Eggapalooza (CH)
 6:00 Color Me Calm (CH)

3

10:00 Cognitive Corner (CH)
 12:00 Virtual Yoga (CH)
 2:00 DIY Design (CH)
 3:00 NCAA Final Four (CH)
 7:00 Nightcaps on Tap (CH)

Easter Sunday 4

10:30 Risen Rolls (CH)
 11:00 Praise & Prayers (CH)
 11:30 Church Service (CH)
 3:00 Virtual Stretch (CH)
 3:30 Son of God (CH)
 7:00 Meditations (CH)

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10:00 Cognitive Corner (CH)
 12:00 Virtual Fitness (CH)
 3:30 1000 to 1 Movie (MT)
 7:30 Classical Music (CH)
 8:00 NCAA Championship

National Twinkie Day 6

10:00 Coffee Confessions (CH)
 12:00 Stretch & Flex (AR)
 3:30 Twinkie Twister (AR)
 6:00 Comedy Club (AR)
 7:00 Nightcaps on Tap (CH)

National Deer Day 7

10:00 Fashion Nails (AR)
 12:00 Chair Yoga (AR)
 3:30 Pop Art Deer (AR)
 4:30 Virtual Jazz Concert (CH)
 6:00 Color Me Calm (AR)

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10:00 Draw a Bird 101 (CH)
 12:00 Virtual Exercise (CH)
 4:00 Create a Kite Pt2 CH
 4:30 6° of Thailand (MT)
 7:00 Night Caps on Tap (CH)

Cherish an Antique Day 9

10:00 Pictures of PaTong(CH)
 12:00 Gentle Tai Chi (AR)
 1:30 Pet Therapy (IR)
 3:30 Antique Road Show (CH)
 6:00 Friday Night Movie (CH)

10

10:00 Cognitive Corner (CH)
 12:00 Virtual Yoga (CH)
 3:00 DIY Design (CH)
 4:00 Sports Corner (CH)
 7:00 Nightcaps on Tap (CH)

National Pet Day 11

10:30 Parfait & Positivity
 11:00 Praise & Prayers (CH)
 11:30 Church Service (CH)
 3:00 Pet Picture Frames(CH)
 7:00 Meditations (CH)

Grilled Cheese Day 12

10:00 Cognitive Corner (CH)
 12:00 Virtual Fitness (CH)
 3:00 Gourmet Grillers (CH)
 4:30 What is Ramadan (CH)
 7:30 Classical Music (CH)

Ramadan Begins

National Scrabble Day 13

10:00 Coffee Confessions (CH)
 12:00 Stretch & Flex (AR)
 3:30 Gardening Club (AR)
 4:00 Scrabble Scramble (AR)
 7:00 Nightcaps on Tap (CH)

National Gardening Day 14

10:30 Pollinator Project (AR)
 12:00 Virtual Chair Yoga (AL)
 3:30 Pollinator Planting (AR)
 4:30 Thailand in a Box (AR)
 6:00 Untamed Elegance (CH)

McDonalds Day 15

10:00 Mind Masterclass (CH)
 12:00 Move with Music (AR)
 3:30 Happy Meal Hour (CH)
 4:30 Create a Kite Pt3 (AR)
 7:00 Night Caps on Tap (CH)

Wear Pajamas Day 16

10:00 Thai Umbrella Kit (CH)
 12:00 Gentle Tai Chi (AR)
 1:30 Pet Therapy (IR)
 3:30 Pajama Party (CH)
 6:00 Friday Night Movie (CH)

National Haku Day 17

10:00 Write a Haku (CH)
 12:00 Virtual Yoga (CH)
 3:00 DIY Design (CH)
 4:00 Sports Corner (CH)
 7:00 Nightcaps on Tap (CH)

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10:30 Sketch & Scripture
 11:00 Praise & Prayers (CH)
 11:30 Church Service (CH)
 3:00 Virtual Stretch (AR)
 3:30 Café Connections (CS)
 7:00 Meditations (AR)

National Poker Day 19

10:00 Cognitive Corner (CS)
 12:00 Move with Music (AR)
 3:30pm Poker Party
 6:00 Monday Musical (AR)
 7:30 Classical Music (CH)

20

10:00 Coffee Confessions (CS)
 12:00 Stretch & Flex (AR)
 3:30 Painting of PaTong (AR)
 6:00 Comedy Club (AR)
 7:00 Nightcaps on Tap (CH)

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10:00 Fashion Nails (AR)
 12:00 Chair Yoga (AR)
 3:30 Textiles of Thailand (AR)
 4:30 Bangkok Bingo
 6:00 Color Me Calm (CH)

Earth Day 22

10:00 Mind Masterclass (CH)
 12:00 Move with Music (AR)
 3:00 Earth Day Project (CH)
 4:00 The Railway Man (MT)
 7:00 Night Caps on Tap (CH)

National Dance Day 23

11:30 Express Bingo (CH)
 12:00 Gentle Tai Chi (AR)
 1:30 Pet Therapy (IR)
 3:30 Dancing w/Me CH
 6:00 Friday Night Movie (CH)

24

10:00 Cognitive Corner (CH)
 12:00 Virtual Yoga (CH)
 3:00 DIY Design (CH)
 4:00 Sports Corner (CH)
 7:00 Nightcaps on Tap (CH)

25

10:30 Fresh Fruit Social (CH)
 11:00 Praise & Prayers (CH)
 11:30 Church Service (CH)
 3:00 Virtual Stretch (AR)
 3:30 Café Connections (CS)
 7:00 Meditations (AR)

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10:00 Cognitive Corner (CS)
 12:00 Move with Music (AR)
 2:30 Noodle Art (AR)
 6:00 Monday Musical (AR)
 7:30 Classical Music (CH)

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10:00 Coffee Confessions (CS)
 12:00 Stretch & Flex (AR)
 3:00 Gardening Club (AR)
 3:30 Thai Tea Tasting (AR)
 7:00 Nightcaps on Tap (CH)

National Super Hero Day 28

10:00 Fashion Nails (AR)
 12:00 Chair Yoga (AR)
 3:30 Super Hero Social (CH)
 6:00 Color Me Calm (CH)

Paton Luncheon 29

10:00 Mind Masterclass (CH)
 12:00 Move with Music (AR)
 12:30 Lunch in Pa Tong (DR)
 3:00 Fly a Kite & Picnic (CH)
 4:00 Wild Thailand (MT)
 7:00 Night Caps on Tap (CH)

30

11:30 Express Bingo (CH)
 12:00 Gentle Tai Chi (AR)
 1:30 Pet Therapy (IR)
 3:30 \$ Tree Decor Trials (AR)
 6:00 Friday Night Movie (CH)

